

# Portacount 8030/8038 Download Guide

## Data Download

### 1. Install Software

- a. Installation requires that software is installed on a computer running Windows XP, Vista, or 7
- b. Insert disc in drive and follow installation instructions
- c. After installation, open the application

### 2. Download Data

#### To get PDF Format Report

- a. Plug flash drive from Portacount into the computer
- b. In the software interface, click the “Database” drop down menu and select the “Data Record Tools” option
- c. Click the “Flash Drive” tab at the top of the window
- d. Click “Browse” just next to the drop menu and find the .xml database file on the flash drive
- e. Make sure your “default” database is selected as the destination
- f. Click import to pull the data into FitPro
- g. After the import is complete go back to the main screen
- h. Click the “Report” drop down menu and click “Select Report” to choose the type of report you want
  - i. Typically fit test report is selected
- i. Click “View Report” to see the report
- j. Click “Print” then select Microsoft PDF writer, Cute PDF writer or whichever PDF writer may be available under your printer selection (not all computers have this as an option)
- k. When you click print, it takes a few seconds to open a new window to save the PDF file. Name your report and save it somewhere that will be easy to find like your desktop or “My Documents” folder.



#### To get Excel Format Report

- a) Plug Flash Drive into the computer
- b) To create a report in Microsoft Excel click the “database” drop down menu in the software interface
- c) Hover mouse over “Export” and click “excel format”
- d) Select the database file you want to export and choose a destination for the exported file – *saving to desktop makes the file easy to find\**
- e) Locate and open the exported file to view your report